

# Activity Book



# BUSY BEE



**This book belongs to**

---

*Child's name*

## How to use this activity book

**T**his activity book is designed for ease of use by the parent or teacher, and to stimulate enthusiasm on the part of the Adventurer. This activity book may be used as a whole, or the pages may be removed and completed one at a time. Collecting the completed pages and binding them together (with stapler or yarn) at the end of the year will provide a keepsake for the children to remind them of their Adventurers.



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Revised 2015 for the Northern Conference of Seventh-day Adventists  
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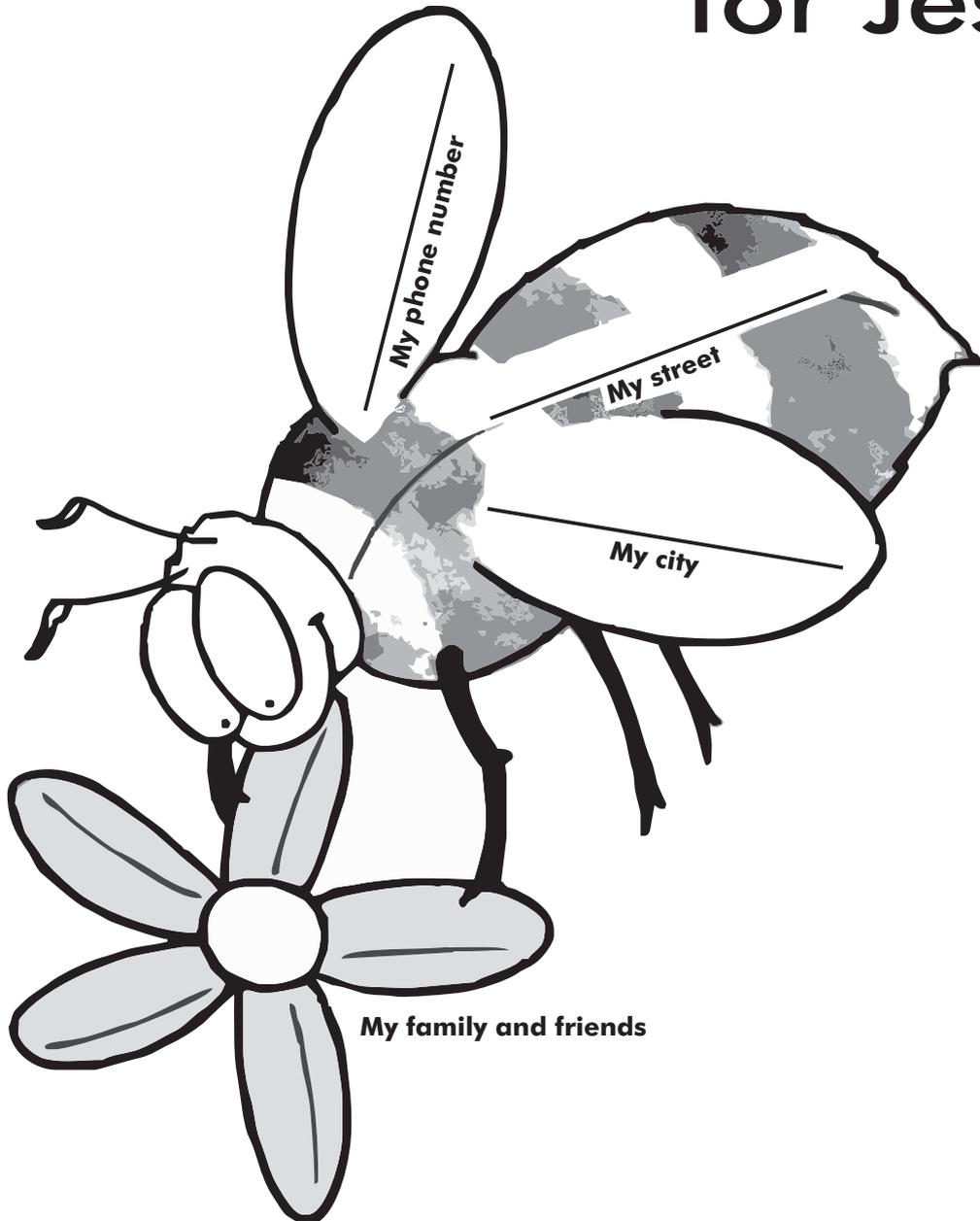
*first name*

\_\_\_\_\_

*last name*

# a BUSY Bee

## for Jesus



# Busy Bee Checklist

## Basic Requirements

- I. Responsibility**  
Recite and accept the Adventurer Pledge.
- II. Reinforcement**  
Earn the Busy Bee Reading Award.

## My God

- I. His Plan to Save Me**
  - A.** Create a story chart or booklet showing the order in which these events took place:
    - Creation
    - Sin and sadness begin
    - Jesus cares for me today
    - Jesus comes again
    - Heaven

OR the Bible stories you are studying in your classroom or Sabbath School.
  - B.** Use your story chart or booklet to show someone how much Jesus cares for you.
- II. His Message to Me**  
Earn the Bible I Adventurer Award
- III. His Power in My Life**
  - A.** Spend a regular quiet time with Jesus to talk with Him and learn about Him.
  - B.** Ask three people what they pray about.

## My Self

- I. I Am Special**  
Make a booklet showing different people who care for you.
- II. I Can Make Wise Choices**  
Name at least four different feelings. Play the "Feelings" game.
- III. I Can Care for My Body**  
Earn the Health Specialist Adventurer Award.

## My Family

- I. I Have a Family**  
Paint or draw a picture showing something you like about each member of your family.
- II. Families Care for Each Other**
  - A.** Discover what the fifth commandment (Exodus 20:12) tells you about families.
  - B.** Act out three ways you can honor your family.
- III. My Family Helps Me Care for Myself**  
Complete one of the requirements of the Safety Specialist Adventurer Award.

## My World

- I. The World of Friends**  
Tell how you can be a good friend. Use:
  - Puppets
  - Role-playing
  - Your choice

## II. The World of Other People

- A.** Discuss the work people do for your church.
- B.** Learn about one job by helping the person do it.

## III. The World of Nature

Earn a Friend of Animals Adventurer Award.



## Instructor Checklist

### Basic Requirements

- I. \_\_\_\_\_
- II. \_\_\_\_\_

### My God

- I.A. \_\_\_\_\_
- B. \_\_\_\_\_
- II. \_\_\_\_\_
- III.A. \_\_\_\_\_
- B. \_\_\_\_\_

### My Self

- I. \_\_\_\_\_
- II. \_\_\_\_\_
- III. \_\_\_\_\_

### My Family

- I. \_\_\_\_\_
- II.A. \_\_\_\_\_
- B. \_\_\_\_\_
- III. \_\_\_\_\_

### My World

- I. \_\_\_\_\_
- II.A. \_\_\_\_\_
- B. \_\_\_\_\_
- III. \_\_\_\_\_

# It's great to be part of an Adventurer Club...

## Adventurer Club will help you:

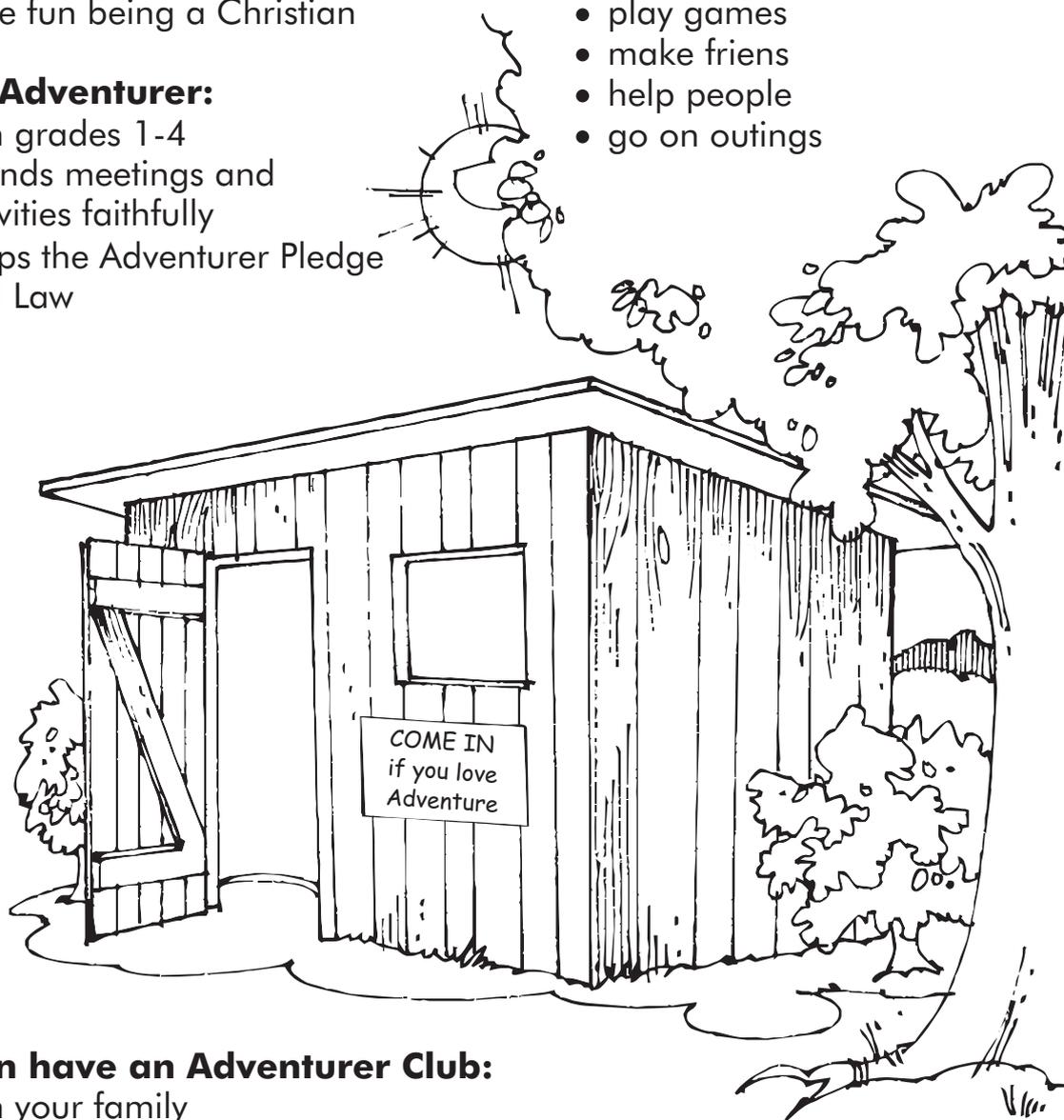
- give your life to Jesus
- have fun being a Christian

## a real Adventurer:

- is in grades 1-4
- attends meetings and activities faithfully
- keeps the Adventurer Pledge and Law

## In Adventurer Club, you'll:

- earn awards
- play games
- make friends
- help people
- go on outings



## You can have an Adventurer Club:

- with your family
- with kids at your church
- with kids at school or in your neighborhood

If you don't have a club yet, ask your mom or dad or an adult at church.

# Responsibility



Recite and accept the Adventurer Pledge.



Loves \_\_\_\_\_ very much

*Child's name*



will

help \_\_\_\_\_ to be a

*Child's name*



for Him.

## Adventurer Pledge

**"Because Jesus loves me, I will always do my best."**

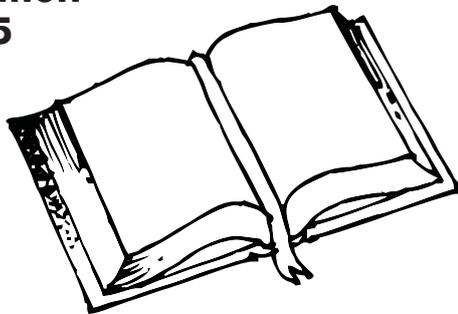


# Reinforcement

Earn the Busy Bee Reading Award.

Read the book, then color the picture.

**Genesis 1:1-2:3  
or Revelation  
21:1-22:5**



**Book on  
family,  
friends or  
feelings**



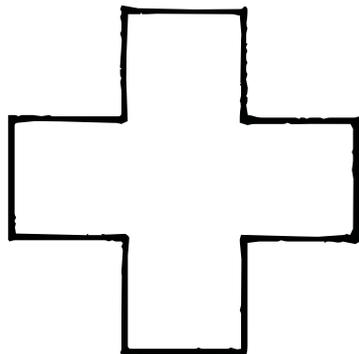
**Bible story  
book or a book  
about Jesus**



**Book on history  
or missions**



**Book on health or safety**



**Book on nature**



## Suggestions for Parents or Leaders

The Busy Bee Reading Award is awarded to children who read or listen while someone else reads:

1. Genesis 1:1-2:3 or Revelation 21:1-22:5 from a simple, modern translation of the Bible
2. A Bible story book or a book about Jesus
3. A book on health or safety
4. A book on family, friends or feelings
5. A book on history or missions
6. A book on nature

Provide children with several good books to choose from, which will help them to understand and apply the things they are learning this year in the Busy Bee classwork.

**Be sure that the books are:**

1. True to life. The books must present an accurate picture of reality. It must not be overly simplistic, sentimental, or exciting.
2. Lasting value. A good book helps the child to understand God, human nature, or the things of creation without appearing to be preachy and contrived.
3. Positive Morality. Evil and sin are recognized as such, and receive their just reward. The good should be upheld as the model and goal for the children.
4. Enjoyable. The book should be one that the adult enjoys reading. (If the adult does not enjoy it, it is highly unlikely that the child will—or should.)
5. Developmentally appropriate. A good book will fit the child's level of reading ability, sophistication, and interest.



# His Plan to Save Me

A. Create a story chart or booklet showing the order in which these events took place:

- Creation
- Sin and sadness begin
- Jesus cares for me today
- Jesus comes again
- Heaven

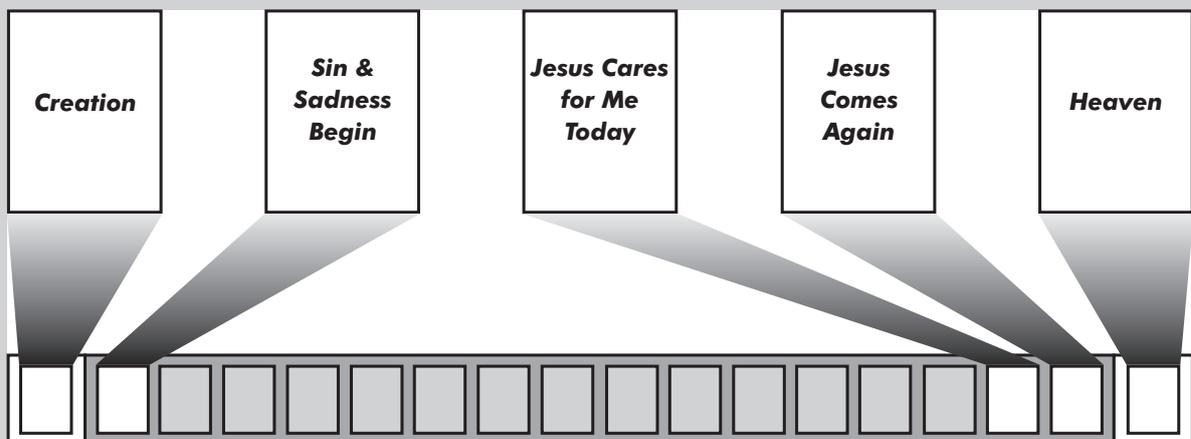
OR

the Bible stories you are studying in your classroom or Sabbath School.

B. Use your story chart or booklet to show someone how much Jesus cares for you.

S T E P B Y S T E P

## Busy Bee Bible Story Chart



# Suggestions for Parents and Leaders

## Bible Story Chart

The basic goal of the Busy Bee requirements is to teach children that Jesus loves and cares for each of them personally.

The Bible Story Chart presents a child-size outline of the plan of salvation:

- God has a plan for our world
- Sin has messed up that original plan
- Gos will bring an end to sin
- We can live for ever with God

The five Bible Story Chart pictures can be copied, colored, laminated and arranged in the order of God's plan of salvation. Teachers can wall-mount or place the pictures in booklet form.

Some teaching suggestions for each picture:

## Creation

- Use Bible Drama T-shirts (Jesus, man and lady) to act out Jesus walking with Adam and Eve in the garden. Have "Jesus" give the man and woman a tour of Eden and talk about the trees, animals, etc.

## The First Sin

- For children who are concrete-thinkers, the concept of "sin" can be difficult to grasp. But the effects of sin are readily apparent. To illustrate how sin brings sadness and death, go back "east of Eden" after the fall of Adam and Eve.
- Listen to the sound of a roaring lion as it stalks another animal for food. Feel the tips of thorns or thistles which grew after the fall. Pass around slices of a root vegetable which man now had to dig to eat. (Genesis 3:17-19)

- Let the children dress up as a doctor or nurse. Explain that we need these helpers now because sin brought sickness and death.

## Jesus Cares for Me Today

- Make an angel's harp! Did you know the harp was the first musical instrument mentioned in the Bible? (Genesis 4:21) Stretch rows of rubber bands (differing widths) around various size cake pans. And strum! Thick rubber bands make lower sounds; thin ones make higher "music."

## Jesus Comes Again

- Use a magnet and some small metal objects or coins to show how we will be "drawn" to Jesus. "And I, if I am lifted up from the earth, will draw all peoples to Myself." (John 12:32 NKJ)

## Heaven

- Take the children on an imaginary trip through a typical house. Go through each room and ask "Will we need beds in heaven?" (we'll never get sleepy!)... "Will we need electric lights and lamps in heaven?" (Jesus will be our light!)... "How about refrigerators?" (We can eat food right from the trees!)... "And a car?" (We can fly!), etc. Reassure them that many of the beautiful things of nature will be in heaven - trees, flowers, etc. We can walk with Jesus again in the beautiful garden home God made for us.



# Creation

**God created a beautiful new planet for people to live on. He asked them to care for it for Him.**



# The First Sin

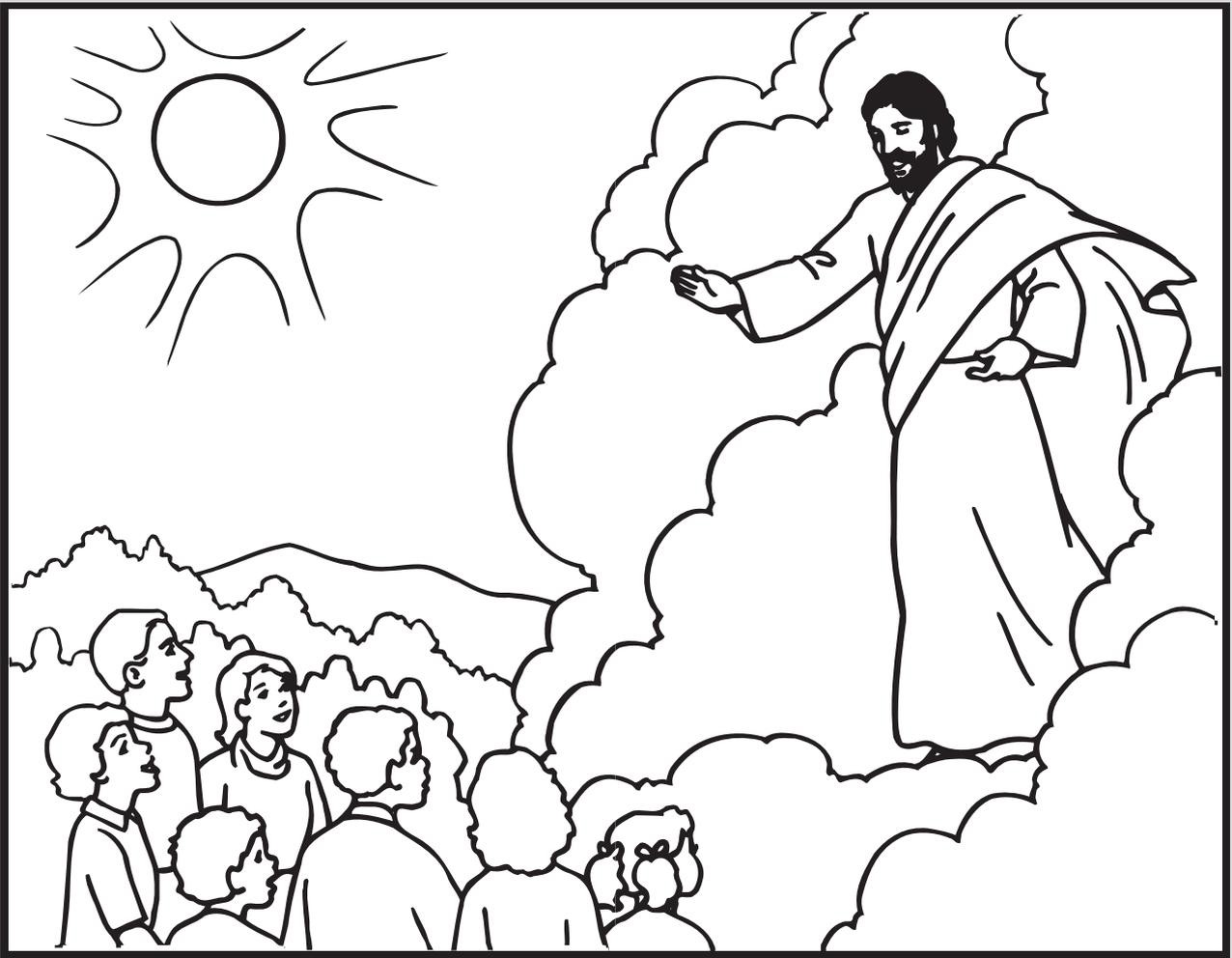
**Adam and Eve chose to disobey God and do things their own way. This caused terrible things to happen to God's planet and His people.**



# Jesus Cares for Me Today

Jesus' angels are with \_\_\_\_\_ right  
(my name)  
now. Jesus will help me whenever I ask  
Him to.

(Draw a picture of yourself)



# Jesus Comes Again

**Very soon, we will see Jesus come on a cloud. He will take all His people to be with Him in heaven.**



# Heaven

**We will live in heaven with Jesus forever. There will be many fun things to do. We will never be hurt or sad again.**



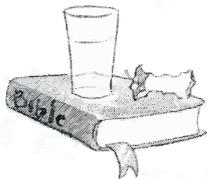
# His Message to Me

Earn the Bible I Adventurer Award.

## Bible I Award



- Own or have use of a Bible.
- Explain how to show respect for the Bible and how to care for it.

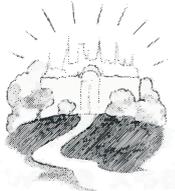




Cross out the pictures that don't belong.

- Name the first and last books of the Bible and tell who wrote them.





\_\_\_\_\_

\_\_\_\_\_

**4. Tell or act out the following stories:**

- |                          |                   |
|--------------------------|-------------------|
| Creation                 | Jesus comes again |
| Sin and sadness begin    | Heaven            |
| Jesus cares for me today |                   |

**5. Locate, read, and discuss the following Bible verses about Jesus' love for you:**

a. John 3:16

b. Psalms 91:11

c. John 14:3

d. Psalms 23:1

e. Your choice

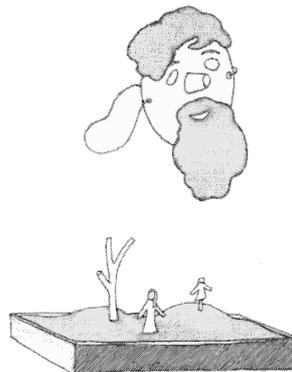


**Memorize and repeat two of them.**

**6. Make paper plate masks to illustrate a Bible story or parable.**

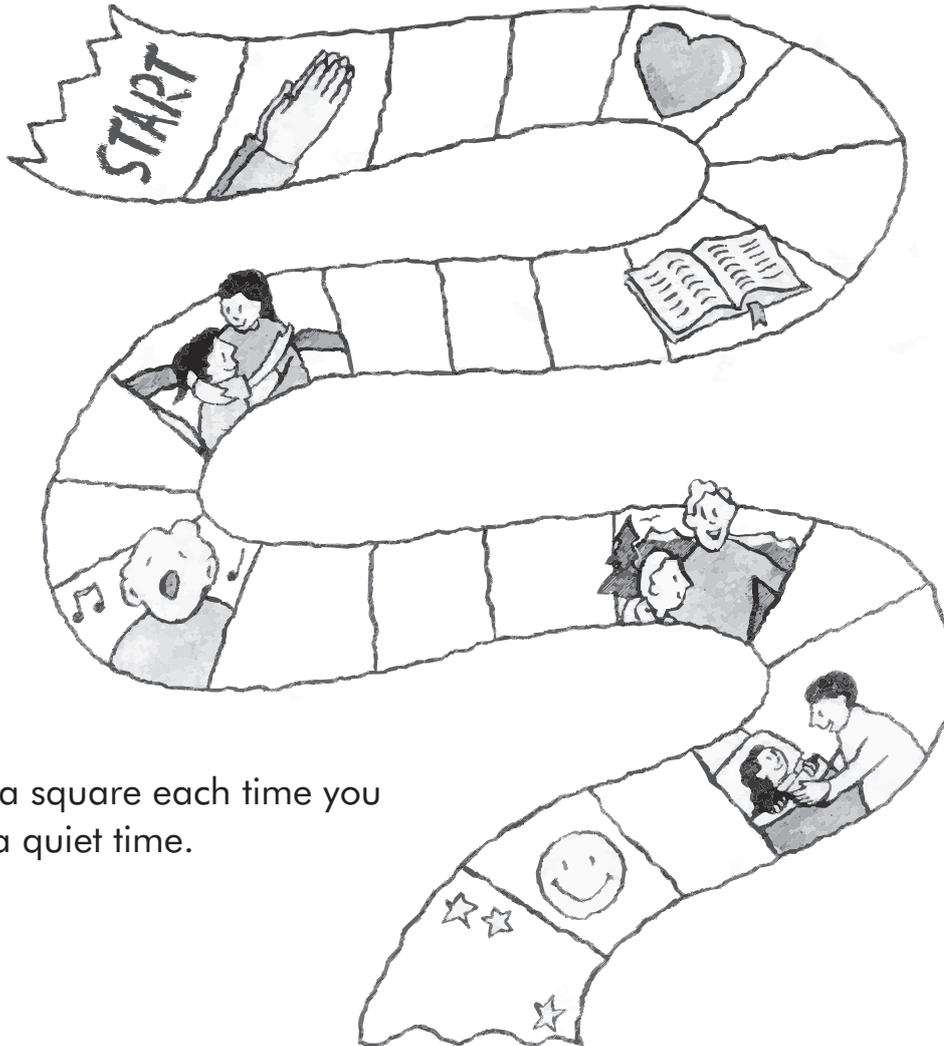
OR

**Create a Bible story in a sandbox or with felts.**



# His Power in My Life

A. Spend a regular quiet time with Jesus to talk with Him and learn about Him.



Fill in a square each time you have a quiet time.

## Suggestions for Parents or Leaders

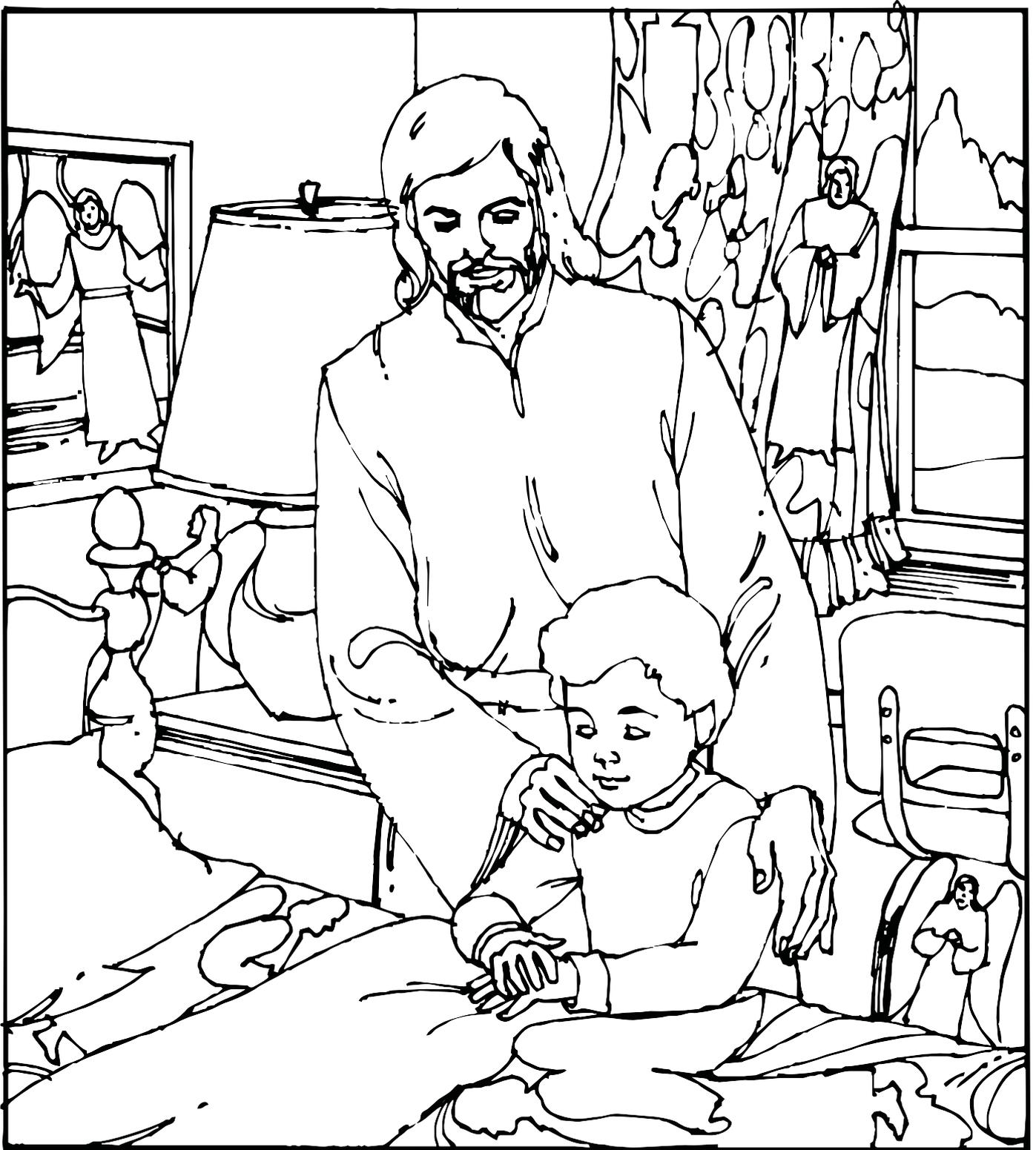
Your child needs your example and leadership as he tries to form good devotional habits.

You can help by:

- Having your own daily quiet time with Jesus;
- enthusiastically sharing some of the inspiration and insights you receive during your quiet time;
- leading out in family worship daily;
- helping your child choose a wise time and place for his quiet time;
- being a part of your child's quiet time until he is able and eager to continue on his own.

**B. Ask three people what they pray about**

Then color the picture of you talking to Jesus. Find seven hidden angels





# I Am Special

.....  
Make a booklet showing different people who care for you.

Doctor



Nurse



Teacher



Pastor



\_\_\_\_\_

\_\_\_\_\_

# Suggestions for Parents or Leaders

Bringing real "caring people" to talk to your Busy Bee class or have them write notes to the children to place in their booklets.

Children may add pictures of their friends, parents, relatives... to their booklets.



**Police Officer**



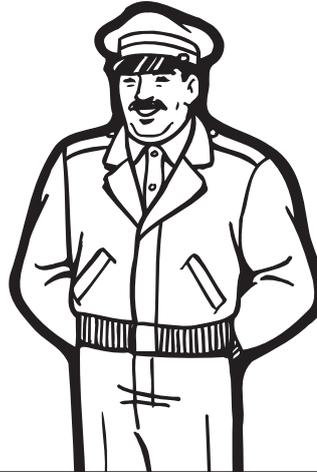
**Fireman**



**Mayor**



**Bus Driver**

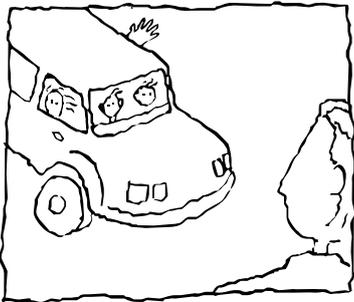


# I Can Make Wise Decisions



Name at least four different feelings. Play the "Feelings" game.

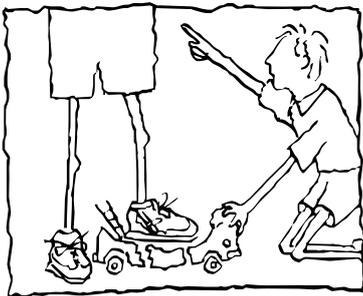
Match the pictures and name the feelings. Can you name some more feelings?



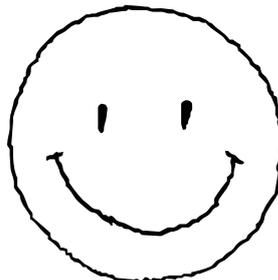
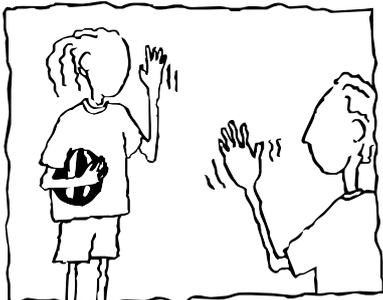
\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

# Suggestions for Parents or Leaders

A person's feelings have a strong influence on the decisions and actions he makes. Recognizing and naming these feelings is the first step in being able to deal with them successfully. Feelings themselves are not good or bad—it is what we do with our feelings that is important. Children experience both positive and negative feelings. Many words describe these feelings.

Some positive feelings the children might express include love, pride, confidence, excitement, enjoyment, happiness, courage, and security. These positive feelings may be dealt with by being thankful for them, enjoying them and sharing them with others.

Negative feelings which the children may recognize include anger, guilt, jealousy, sadness, loneliness, embarrassment, fear, disappointment, discouragement, anxiety, frustration and grumpiness. Children can be led through the following steps in dealing with these feelings:

1. Tell Jesus how you feel. Ask Him for help.
2. Ask yourself:  
“What am I feeling?”  
“Why am I feeling this way?”  
“What shall I do about it?”  
“Is this a good thing to do?”
3. Do what you have decided to do.

Hurting oneself or other people or things is not a good way to deal with negative feelings. Neither is lying, running away from the problem, or thinking a lot of negative thoughts about yourself or others. Negative feelings can be dealt with by looking for a solution such as:

- ⇒ Talking honestly with someone about your negative feelings
- ⇒ Finding out more about the problem and working to change it
- ⇒ Being alone for a while
- ⇒ Working out your feelings in a harmless way, such as crying, drawing or writing, or kicking a ball; or
- ⇒ Telling yourself positive, helpful things.

Obviously, different solutions are appropriate for different situations, feelings and people.

At a very early age, children can begin to learn to recognize their feelings and to talk with someone about the feelings they have and how they can deal with these feelings. They can learn to communicate their feelings in a kind way to helpful adults and to the person(s) who provided those feelings. Kind communication of feelings involves both choosing the words carefully and speaking

in a kind manner. An adult can help the child decide how to communicate his/her feelings by helping him/her to choose appropriate words as well as an appropriate time and place to share such feelings.

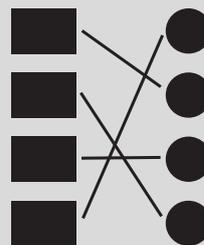
## The Feelings Game

1. With the children, brainstorm different kinds of feelings and write each one on a small card or piece of paper.
2. Place the feelings cards in a bag or box.
3. Divide the children into groups of two or three and allow each group to draw a feelings card.
4. Instruct the groups to practice showing how they might look when they have that feeling (body language). Each group should also be ready to tell or act out a situation in which they have felt that way.
5. After each group presents their feeling to the entire group, talk about ways in which God can help us deal with that feeling. (You may use the steps for dealing with negative feelings suggested in the **Background Information**, along with the accompanying poster in the “My Self” section of the appendix.)

## Other Methods

1. Help children build the habit of recognizing, naming, and dealing positively with their feelings whenever possible by:
  - spotting children who appear to be upset
  - encouraging them to talk about what they are feeling and why
  - accepting the feelings they express without condemning
  - helping them to choose a positive way of dealing with the feeling.
2. Another type of feeling game may be played by discussing, acting, or writing about feeling reactions and solutions to specific situations, such as getting an "A," being teased, having a birthday, fighting with a sibling, or feeling left out.
3. Children may also enjoy listing and/or discussing their happiest moment, saddest moment, etc.

**Puzzle Key**



**Sad**

**Perplexed**

**Angry**

**Happy**

# I Can Care for My Body

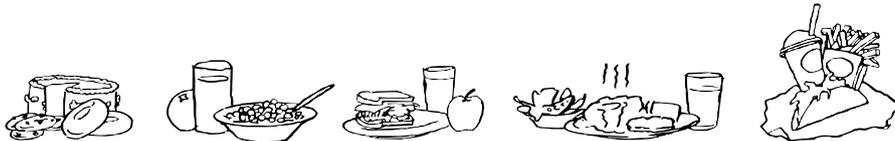
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Earn the Health Specialist Adventurer Award

## Health Specialist Award



1. Memorize and repeat I Corinthians 6:19, 20.
2. Cut out pictures and make a poster to show the four basic food groups. Arrange the pictures to show three healthy meals you could eat.



Cross out the diets that will hurt you.

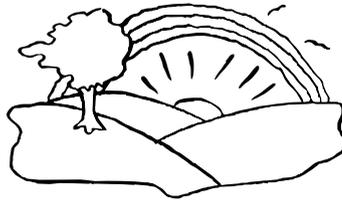
3. Explain why your body needs exercise.



4. For one week, record the hours you sleep. Tell why you need rest.

Sunday - \_\_\_\_\_ hours  
 Monday - \_\_\_\_\_ hours  
 Tuesday - \_\_\_\_\_ hours  
 Wednesday - \_\_\_\_\_ hours  
 Thursday - \_\_\_\_\_ hours  
 Friday - \_\_\_\_\_ hours  
 Saturday - \_\_\_\_\_ hours

**5. Explain why you need fresh air and sunlight.**



**6. Explain why water is important for your body.**

Tell the number of glasses of water you should drink each day. \_\_\_\_\_



**7. Describe and practice good dental hygiene.**



**8. Name three things that might destroy your health.**



\_\_\_\_\_  
\_\_\_\_\_

## Suggestions for Parents or Leaders

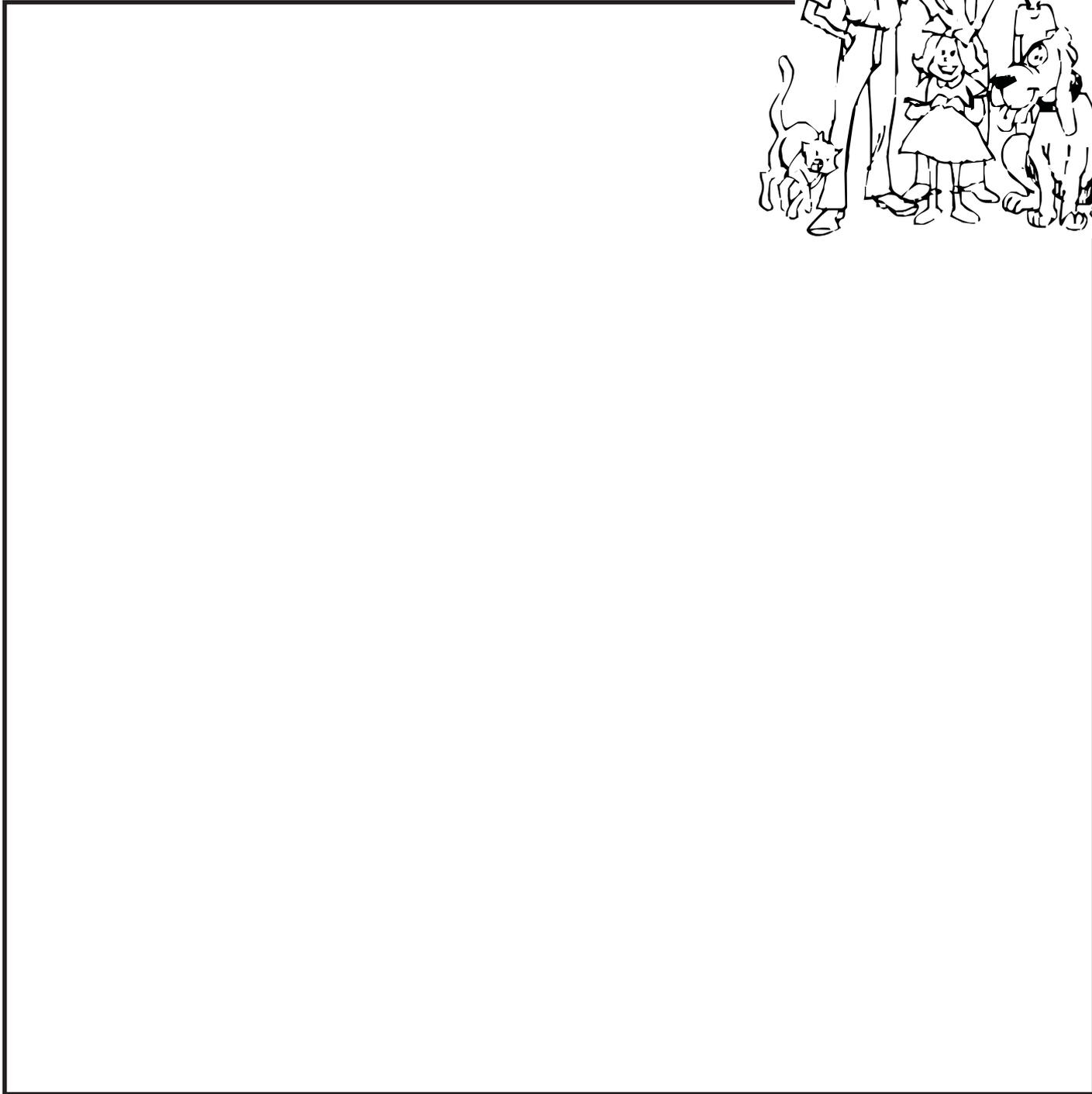
Make this award fun by:

- building food group collages or sorting types of food into boxes.
- enjoying an exercise activity together in the sunshine and fresh air.
- having a healthy water-drinking contest.



# I Have a Family

.....  
**Paint or draw a picture showing something you like about each member of your family.**



## Suggestions for Parents or Leaders

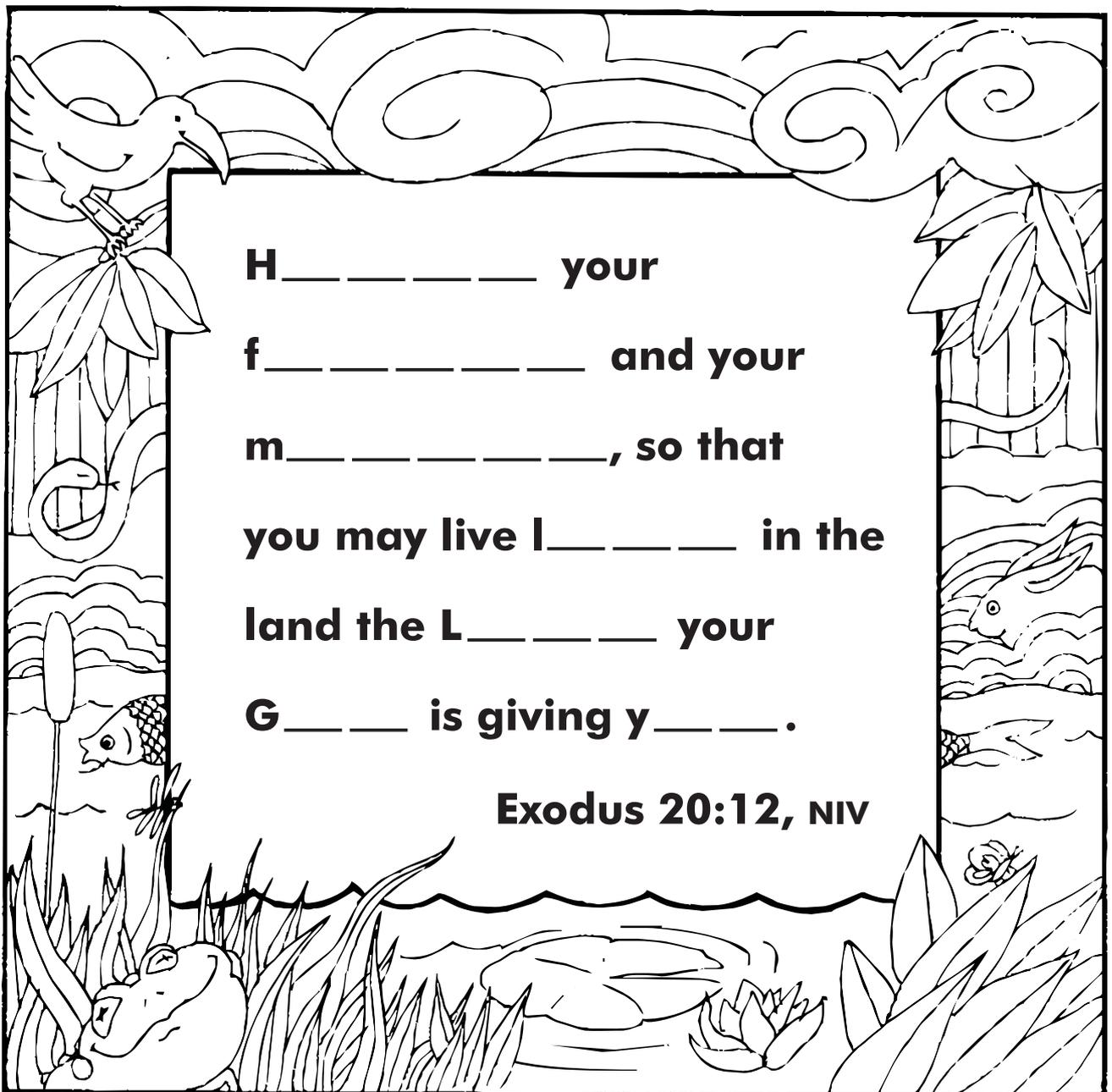
Every child has a family of some kind. The purpose of this activity is to help the child appreciate his family. A family may be defined as a group of people who care for each other and live together in a home. Families are usually related. A family may be a “natural”, step, adoptive, or foster family. There are no perfect families.

God wants to help each family to be what He designed them to be—a place where people cooperate, share, and support each other, even when they disagree.

As you work, talk about how various families and family members are different and similar, and how each is special and valuable.

# Families Care for Each Other

A. Discover what the fifth commandment (Exodus 20:12) tells you about families.



## **B. Act out three ways you can honor your family.**

### **Suggestions for Parents or Leaders**

One of the main ways in which children honor their mothers and fathers is by respecting them. Children respect parents by obeying family rules.

Families have rules concerning:

- the use of space (such as where to eat or play)
- time schedules (such as when to get home after school)
- belongings (such as borrowing or sharing)
- work (such as chores)
- play (such as what or where)
- habits or customs of the family (such as ways of doing different things)

Because parents are responsible for the well-being of the family (caring for, teaching and encouraging), they have the final responsibility for setting the rules.

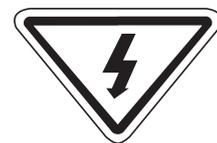
The words we speak and the way we say them also show respect for our parents. Disagreements and feelings may be expressed in a reasonable way, but then the parent's decision must be accepted.

Helping with the daily chores is another way to honor one's family. Children can help from a very young age. Working together is a great way for families to build good relationships.

# My Family Helps Me Care for Myself

Complete one requirement of the Safety Specialist Adventurer Award.

## Safety Specialist Award



1. With your parents, discuss your home fire safety plan. Select two of the following areas and give four safety rules for each area:
  - a. Home safety
  - b. Outdoor safety (city or country)
  - c. Weather safety
  - d. People safety

### Home Safety Plan

If someone finds a fire, they will \_\_\_\_\_ .  
 I will \_\_\_\_\_ immediately.  
 I can call \_\_\_\_\_ from the  
 neighbor's house. If my door feels hot, I can go out  
 \_\_\_\_\_ . I will go straight  
 to \_\_\_\_\_ . The fire  
 extinguisher is \_\_\_\_\_ .

**3. Practice a fire drill for at least one of the following places:**

- home    • school    • church (if possible)

**4. As appropriate for your area, practice the following drills:**

OR

**Discuss what you would do in the following emergencies:**

- hurricane    • tornado    • earthquake
- flood        • volcano    • lightning and thunder

**5. Be a "Safety Detective".**

What did you find that was dangerous?

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**6. Make a mural or safety poster showing dangerous situations and what you can do about them.**

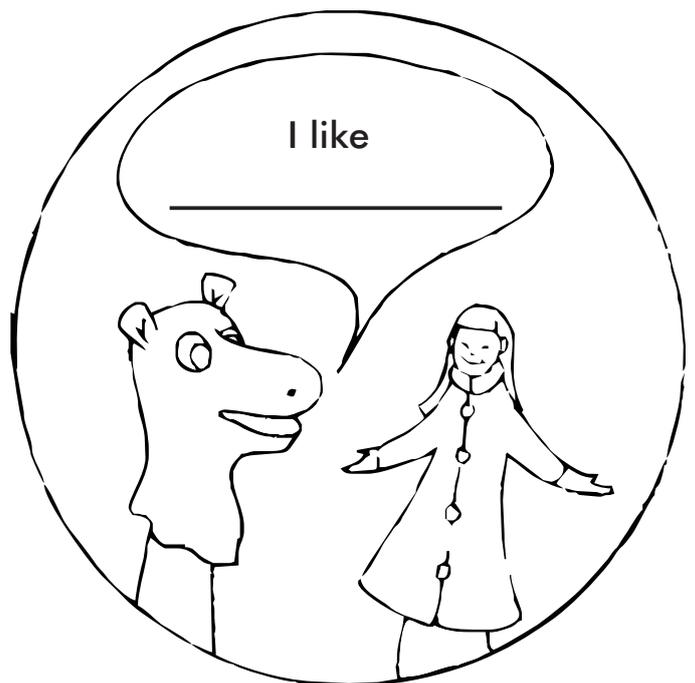
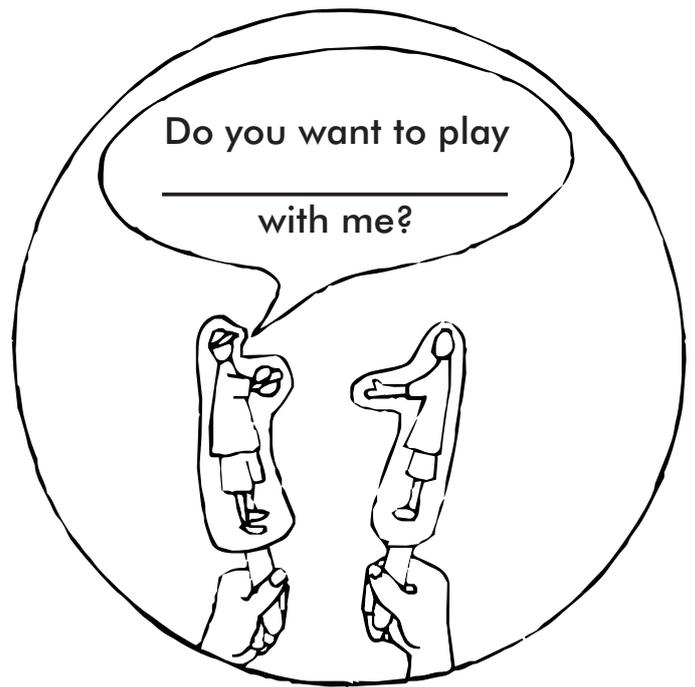
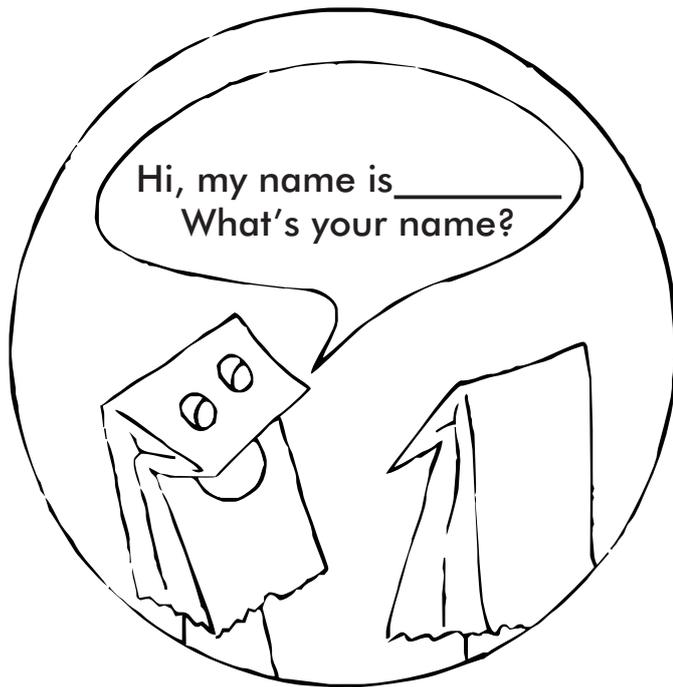
**7. Participate in a safety game.**

Think about safety questions your teacher asks.  
Is the answer "Yes", or "No", or "I'll ask Mom or Dad"?

# The World of Friends

Tell how you can be a good friend. Use:

- Puppets
- Role playing
- Your choice



## Suggestions for Parents or Leaders

To make friends, children can be taught to:

- 1.** Remember that every person is special and important.
- 2.** Be friendly—let others know that you care about them.
- 3.** Be interested—listen to people. Invite them to do things with you.
- 4.** Be independent—find things you enjoy doing on your own.
- 5.** Trust God to help you find the right friends.

To help children learn to keep friends, encourage children to:

- 1.** Take turns and share. (Don't always insist on having your own way.)
- 2.** Encourage and praise your friend whenever you can.
- 3.** Don't nag or argue—tell your feelings and listen to your friend's feelings.
- 4.** Do nice things for your friend.
- 5.** Be willing to share your friend with other kids.

To act out the principles for being a good friend, children may:

- make their own puppets (from paper bags or sticks and cut-out pictures)
- use simple store-bought puppets
- plan small role plays or skits

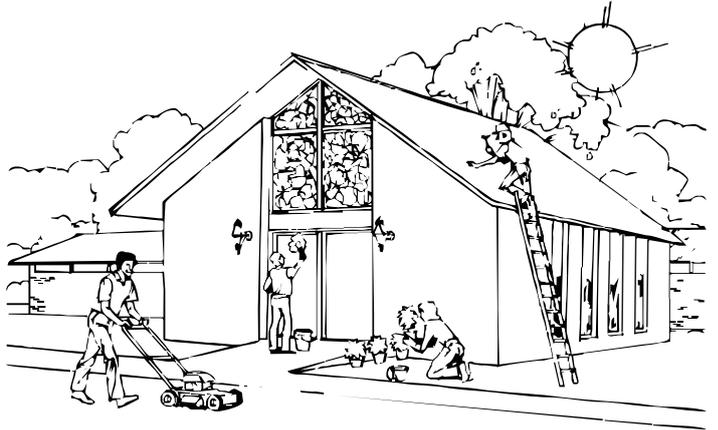
# The World of Other People

.....

**A. Discuss the work people do for your church.**

**B. Learn about one job by helping the person do it.**

Draw what you did.



## Suggestions for Parents or Leaders

The tasks in the local church may be explained by dividing them into categories, such as:

- 1.** Leaders: pastor, elders, church board members
- 2.** Caretakers: deacons, treasurer, clerk, secretary
- 3.** Teachers: Sabbath School teachers
- 4.** Church Ministries: personal ministries, community services, AY/Pathfinder leader, Adventurer leader, musicians

### Teaching Tips

- Ask the pastor and/or a representative from each job category to give a brief (five minutes) description of their job and why they do it. (Because they want to share God's love with their church family.)
- Children can learn actively about these jobs by visiting the various areas in the church. They may see where the work is done and examine the materials used for doing it. This is also an opportunity to teach reverence in the sanctuary and to notice how much their church family loves and values them.
- Possible jobs include assisting with:
  - VBS or the younger Sabbath School divisions
  - Visiting missing members
  - Ingathering and community service projects
  - Church upkeep and beautification
  - Greeting or ushering
  - Special music

# The World of Nature

3

Earn a Friend of Animals Adventurer Award

## Friend of Animals Award



1. Take care of an animal or bird for four weeks.

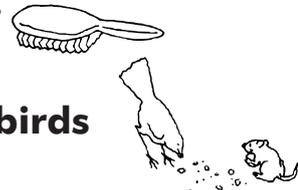
a. Feed it and be certain it has fresh water.



b. Keep its cage or resting place clean.

OR

Put out scraps or seeds for animals or birds in your neighborhood or school. Keep careful watch for four weeks.



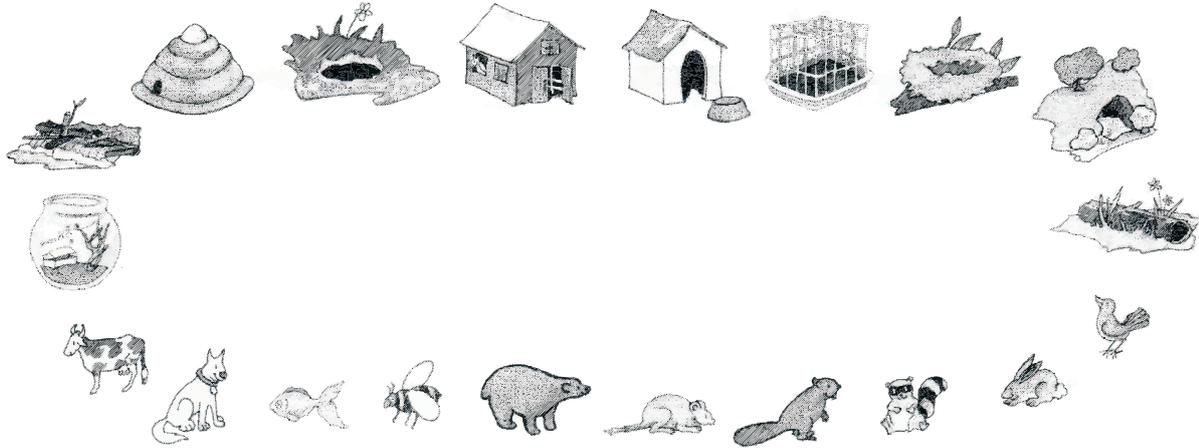
a. Identify creatures that eat these scraps.

b. Draw or color pictures of them.

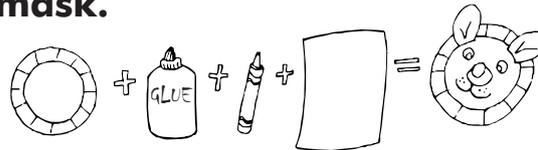
2. List creatures that live in your neighborhood.

_____	_____
_____	_____
_____	_____
_____	_____

**3. Match 10 animals with their houses.**



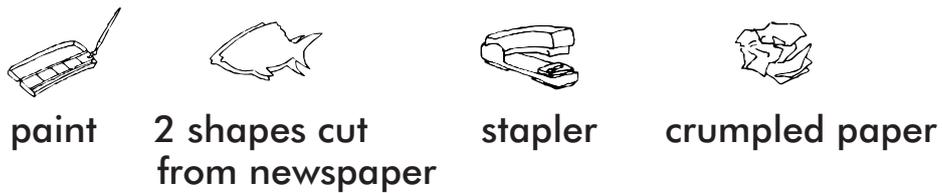
**4. Make an animal mask.**



**5. Play an animal game.**

You could play animal charades or animal lotto or another game.

**6. Make a stuffed animal. Describe how this animal would be cared for if it were real,**



OR

**Visit one of the following:**

- a. zoo
- b. kennel
- c. museum
- d. farmyard
- e. aviary
- f. pet shop

**7. On what day of creation did God create the animal you cared for? \_\_\_\_\_**

# More Awards for Busy Bees



## Artist



1. Describe what an artist does.
2. Name the primary colors.
  - a. Mix these colors to make three new colors.
  - b. Use these six colors to make a picture.
3. Demonstrate how to sharpen pencils and clean brushes.
  - a. Sharpen two pencils.
  - b. Using water, clean your brush.
4. Make separate designs using at least two of the following:
  - a. Finger paints
  - b. Colored pencils, crayons, or chalk
  - c. Felt markers
  - d. Pen, pencil, or charcoal
5. Learn an art technique and demonstrate two of the following:
  - a. Potato prints on batik
  - b. Stencil
  - c. Paper-Mache
  - d. Bread dough art or clay model
  - e. Relief map or scale model
6. Make two of the following:
  - a. An invitation
  - b. A bookmark
  - c. A greeting card
  - d. A poster

## Flowers



1. Collect and press, photograph, or draw ten flowers of different colors and keep them in a book. Name the different kinds and tell where you found them.
2. Tell what attracts bees and insects to flowers, and what it is that the bees take from the flowers.
3. Describe three ways in which flower seeds are scattered.
4. Tell how you can help to protect our wild flowers.
5. Make a bookmark using dried flower petals.
6. Identify ten flowers that are grown in your area.
7. Take a bouquet of flowers to someone.
8. Show how to arrange flowers and keep a bouquet fresh for as long as possible.

## Friend of Jesus



1. Tell a friend about Jesus and how good He is to you.
2. Invite a friend to a meeting at your church.
3. With your counselor or other adult helper, prepare a devotional or a prayer to be given at Sabbath School, a club meeting, or school.
4. Take part in a missionary (outreach or witnessing) activity.
5. Attend a baptism and discuss what it means.
6. Explain what it means to be a friend of Jesus and name five friends of Jesus listed in your Bible.
7. Speak kindly to your family and friends. Discuss how being kind and courteous is also being a friend of Jesus.
8. Be able to pray at mealtime and at bedtime.

## Guide



1. Describe the work of a Guide.
2. Tell the locations of four of the following and be able to give directions from your home to reach them:
  - a. Post office
  - b. Pharmacy
  - c. Phone booth
  - d. Police station
  - e. Church
  - f. Fire station
  - g. Grocery store
  - f. School
3. Tell how to ask for directions and whom you should ask.
4. Organize a trip for a few friends to visit one of the following in your area:
  - a. Museum
  - b. Monument
  - c. Interesting site
  - d. Fire station
  - e. Police station
  - f. Hospital
  - g. Factory
5. Draw a simple map of your neighborhood, including your house, or give a friend directions to your house.
6. You have been a guide to different places, but who does the Bible say is our true Guide? (See Psalm 48:14.)

# Home Helper



1. Assist with two of the following:
  - a. Laundry
  - b. Preparing and serving a meal
  - c. Washing car
  - d. Grocery shopping
2. Set the table and help do the dishes four times in one week.
3. Make your bed and help to clean your room for three weeks.
4. Demonstrate your ability to do four of the following:
  - a. Vacuum the carpet or beat a rug
  - b. Dust furniture
  - c. Sweep or mop
  - d. Tell the time
  - e. Sew on a button
  - f. Pick up your own things and put them away
5. Be responsible for emptying the waste baskets or trash container for one week. Separate all recyclable materials.
6. Discuss the following and learn to do each one:
  - a. Dust window sills
  - b. Remove spider webs
  - c. Wash windows
  - d. Clean woodwork
  - e. Vacuum or sweep the floor

# Music Maker



1. Discuss guidelines for Christians to follow in choosing music.
2. Name and identify six different musical instruments.
3. Make a scrapbook, poster, or collage showing musical instruments.
4. Name three musical instruments mentioned in the Bible.
5. Demonstrate how to play a musical instrument.
6. Learn two songs and play or sing them  
**OR**  
Participate in a rhythm band or participate in making music with family or friends.

# Spotter



1. Spot and identify the following:
  - a. Four different animals
  - b. Four different types of motor vehicles
  - c. Two different types of airplanes or boats
  - d. Four different nature objects such as trees, flowers, etc.
  - e. Four different birds
2. Observe and describe three people in uniform. Tell what they do and why they do it.
3. Find, read, and discuss what the text Matthew 28:20 tells us.
4. Observe your church. Write or draw a picture that tells what you can do to help keep it clean.
5. Look at your room and draw a picture of it. If you have a scrapbook, put your picture in it. Clean your room. Draw a second picture and tell how your room looks different.
6. Remember ten out of fifteen items after looking at them for two minutes.

# Swimmer I



1. Learn and recite seven safety rules for swimmers.
2. Hold your breath and duck your head under water for five seconds.
3. Demonstrate how to jump properly in water that is not over your head.
4. With your friends, play a water game in shallow water.
5. Hold on to the edge of the pool and demonstrate how to kick your feet properly. Demonstrate your ability to:
  - a. Float on your back
  - b. Swim underwater
6. Know where and when it is possible to swim without danger.









**Adventurer Ministries**  
**Northern Conference**  
**Seventh-day Adventist Church**

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